

Appendix

About the Healthy Longevity Catalyst Awards (Hong Kong) 2022

The Healthy Longevity Catalyst Awards (Hong Kong) 2022 are part of the Healthy Longevity Global Competition founded by the U.S. National Academy of Medicine. The competition offers a series of awards and prizes to catalyse breakthrough innovators to improve people's physical, mental and social health and well-being as they age. It is open to innovators from any background and is available in more than 50 countries and territories worldwide.

The Catalyst Awards in Hong Kong were conducted by the Research Grants Council (RGC). Each award includes a US\$50,000 cash prize (approx. HK\$389,000) covering a period of 12 months and travel subsidies for the recipients to attend an Innovator Summit, where they will have the opportunity to discuss their work with fellow innovators, policymakers, and potential investors. For more information, please refer to [the Healthy Longevity Catalyst Awards \(Hong Kong\) 2022 website](#).