補充資料

香港中西醫結合醫學研究所的基本資料

香港中西醫結合醫學研究所局負研究及教育的使命,轄下並設有醫務中心為市 民提供中醫、中西醫結合診療服務。醫務中心將發展一套臨床管理模式,令中 西醫病歷得以互通,研究所的西醫及中醫會研討如何在現行的醫療架構通力合 作,就疾病治療、病案轉介、風險管理、臨床管治等範圍產生協同效應。

研究所的科研項目

現正進行或即將開展的研究項目包括:

- 探究協調中、西醫對功能性消化不良的診斷;
- 分析中醫對接受紓緩性治療癌症患者的效用及安全性;
- 評估中西醫結合康復治療對新近中風患者的效果;
- 評估中風患者接受中西醫共同治療的診斷及臨床效果;
- 評估中西醫結合看護管理對慢性痛症的效果;
- 評估薑黃素對炎症性腸病病患者的效用;
- 評估針灸及中藥對治療膽結石的成效。

研究所的門診服務

研究所轄下的中西醫結合醫務中心已正式投入服務,醫療中心設於威爾斯親王 醫院舊翼四樓,由十多名中醫師及家庭醫學專科醫生駐診,中心會逐步引進不 同專科西醫與中醫共同會診。中心的中醫門診現已全面運作,提供中醫全科、 針灸、骨傷治療,醫師會處方傳統中草藥及顆粒沖劑予病人,診所亦設有一站 式中藥代煎服務,方便求診人士。

就中西醫結合門診,研究所正進行中西醫結合的中風復康試驗計劃,由中醫師、腦神經科及家庭醫學專科醫生研討適合本港的診療模式;另一方面,研究所的中醫師,現在聯同物理治療師及骨科專科醫生探討在處理下背痛疾病上的合作模式,預料可於下年度試行中西醫結合門診服務。

整個中西醫結合門診將分階段進行,以中風復康及下背痛為先,其後逐步擴展至消化道疾病、皮膚病、情緒病、癌症紓緩等治療領域。

香港賽馬會

香港賽馬會於 1884 年成立,不僅是全球領先的賽馬競賽組織,更是香港最大的 社區慈善機構,該會於 2012/13 年度便合共捐款近 20 億元 (HK\$19.5 億)。此外 ,香港賽馬會也是本港迄今為止納稅金額最多的機構,於 2012/13 年度便貢獻了 超過 170 億港元的稅款。

該會致力於為市民提升服務水平,將最先進技術的應用於其體育和博彩娛樂事業,以提供最優質的服務。因其多方面對社會的貢獻,香港賽馬會已被公認為亞洲備受推崇的卓越機構,並將繼續投身於各種慈善活動,將提高市民生活質素視為最大使命。

Supplementary Information

Background Information of the Hong Kong Institute of Integrative Medicine (HKIIM)

HKIIM is endowed with a mission to research and educate. A clinic, the Integrative Medical Centre is established under the Institute, to provide specialist outpatient services that integrates conventional Western Medicine and traditional Chinese Medicine. The Centre aims at developing a clinical management model that facilitates Western doctors and Chinese Medicine Practitioners' exchange of patients' medical history, and their collaboration on disease management, patient referral, risk management and clinical management.

East-West Centre's Ongoing Research Projects

- 1. Concordance of diagnoses between Traditional Chinese Medicine and Western Medicine on functional dyspepsia
- 2. Investigation of the effectiveness and safety of Chinese herbal medicine on the palliative care of Cancer patients
- 3. Evaluation of effectiveness of Integrative Medicine stroke rehabilitation on patients with recent stroke
- 4. Evaluation of diagnoses and clinical result of Integrative Medicine
- 5. Evaluation of result of Integrative Medicine care programme
- 6. Evaluation of curcumin on inflammatory bowel syndrome
- 7. Evaluation of effectiveness of acupuncture and Chinese herbal medicine as treatment for gallstone diseases

Integrative Medical Centre's Clinic Service

The Integrative Medical Centre under the HKIIM, located at 4L, 4th floor of the Prince Wales Hospital, is officially operating. The medical team is currently comprised of 10 Chinese medical practitioners and family physicians; and will gradually introduce different Western medical specialists to offer joint consultation and services to patients. In full operation, the Centre now provides services including general consultation, acupuncture, and bone setting. Chinese medical practitioners also prescribe Chinese medicine, herbs and granules to patients. The centre also offers decoction services for the convenience of patients.

In addition to primary outpatient services, the IMC has launched a pilot rehabilitation programme for stroke patients, which is supervised by Chinese Medicine Practitioners, neurologists and family medicine doctors and other medical experts, to investigate the best integrative treatment model in Hong Kong. Moreover, based on the collaboration of Chinese Medicine Practitioners, physiotherapist and orthopedics doctors, a pilot medical programme in the treatment of low back pain is expected to be launched in the near future.

The specialty services of the IMC will be launched in different stages, beginning with stroke, low back pain and will gradually include digestive disorders, dermatology, mental illness and palliative of cancer treatment.